

Becky Combee Ministries, Inc.



A Troubled Heart

Becky Combee

There is a poem by Helen Steiner Rice called “He’ll Do the Same For Me” that I have quoted for many years. It has always been an encouragement to me because it addresses a troubled heart with sound scriptural advice. In only a few words, she lists various difficulties and then draws our attention to a godly solution—GO TO GOD IN PRAYER!

I love her descriptions of life’s challenges! She writes that you might be lost in despair! Deeply burdened! Lonely! Heartsick! In these brief expressions of pain, there is comfort because someone understands. Someone has so precisely described my dilemma that it is no longer necessary to labor over any details. The answer is clear. I can GO TO GOD, and He will help me. He says, “Call upon me and I will answer thee.”¹ What a magnificent promise!

Our great and mighty God will answer our cry of distress. When we don’t know what to do, He says, “I will be with [you] in trouble; I will deliver [you], and honor [you].”² He further declares that He will give His angels charge over us, to keep us in all our ways.³ We can expect angelic assistance. Then, my favorite promise, we will enjoy the fullness of our salvation.⁴ All that Jesus purchased for us will be ours.

In Titus 1:2, we read that God cannot lie. The

psalmist writes, “For ever, O Lord, thy word is settled in heaven.”⁵ King Solomon reminds us that not one word of God’s promise will fail.⁶ Not one word! For me, that is an overwhelming promise. God will keep His Word. Every word! Every single word! He will answer!

God’s promises are accessed by our faith. Faith believes God’s Word and speaks His Word. The apostle Paul declared this when he said, “I believed, and therefore have I spoken.”⁷

But you may ask, “Why must ‘I believe’ and then speak?”

“I believe” because God’s Word is immutable, unchanging. “I believe” because God is watching to make sure His Word comes true.⁸ “I believe” because God will perform and perfect His Word.⁹ I speak because I believe. So very simple, isn’t it?

Years ago, our daughter needed a flute for the band. We did not have the money, but my father said he would loan the money to us. When Suzanne asked me how we were going to buy her flute, I said Granddaddy is bringing us the money. She believed that. She knew he would keep his word, and she could tell her band director that she would have the money on Monday. She believed and therefore, she spoke!

Mary, the mother of our Lord, believed the message of the angel when he told her she would give birth to the Son of God. Her response to the angel was, “Be it unto me according to thy word.”¹⁰ She too believed and then spoke.

The apostle Paul was aboard a ship traveling

to Rome when a devastating storm arose. The angel of the Lord appeared to Paul with God's message. He said that the ship would be lost, but all the crew and passengers would live. Paul boldly repeated the angel's message. He said, "I believe God, that it shall be even as it was told me."¹¹ He believed God, and without hesitation, he spoke God's Word.

Can we believe and speak God's promise? Absolutely! Will God disappoint us? Never! But what if it takes time? By faith, we wait on God's promise to be fulfilled. We understand that when we asked for God's help, He answered. But often there is a time of patience, a time to stand without wavering, while our answer is in transit.

When Wayne and I order from a catalog company, we are assured that they will send the product we desired. We have our answer although we have not seen it yet. It is the same in the kingdom of God. We walk by faith and not by sight.¹²

Sometimes, we become distressed while we wait for the manifestation of our answer. Delay! Change of circumstances! Increase in pain! All these factors and many others can promote fear and doubt. But again, we must remember that our God always keeps His word. Jesus said, "Whatsoever ye shall ask the Father in my name, he will give it you."¹³ He WILL, not He might.

As we hold fast to our confession, continually speaking God's Word, we will be comforted. Our heart will become calm, unafraid, and quiet. Although our circumstances dictate fear, the Word of the Lord will override our turmoil, and God's magnificent promise of peace – perfect peace – will dominate our lives.

We have a security system in our house. It gives great peace to realize the system alarm has not sounded. One year, in our rental cabin, an unusual noise frightened me. I knew this cabin did not have a security system, so for a moment, I was disturbed. Then, I realized I had come to trust the alarm instead of my God.

In Proverbs 3:5 we read, "Trust in the Lord with all thine heart." What happens when we trust Him? He will turn our ignorance into wise counsel, our anxiety into contentment, and our distress into victory. Trust Him! He will not fail you!

Truth Prevails

Suzanne D. Williams

We expect the devil to show up in costume, wearing red and holding a pitchfork. We're prepared for that, having tucked five verses and stern rebukes beneath our spiritual belt. But this is exactly how he wants us to think.

We expect him to appear repulsive. But more often and most always, the devil's methods are APPEALING. We don't like to admit this, but a lie must APPEAL to us in some way in order for us to accept it. It looks good, appears to taste good and feel good, and seems to advance us in some way. It appears to promise promotion and a "good time," and has ready some good excuses for why it is the best route to take. We believe the lie.

Eve heard what the snake said and believed it. All the devil did was take what was TRUTH and warp it. "You will be like gods," he said.¹⁴ They were already like God. They were made in God's image.¹⁵ They walked in the fullness of God's presence. He communed with them face-to-face.

Truth is opposite of the lie. John 8:32 states, "*And ye shall KNOW THE TRUTH, and the truth shall make you free.*" We must KNOW TRUTH isn't always APPEALING. The lie looks good and feels good, but sometimes, TRUTH hurts. This does not mean TRUTH, although initially painful, will keep us from enjoying life. God wants us to have LIFE ABUNDANTLY.¹⁶ But our enjoyment of life can never go against godly principles, and unless we know what these principles are, having spent time reading the Word and time praying in the Spirit, then we will not recognize the lie when it APPEALS TO US nor hear TRUTHFULLY the excuses that the devil will give to substantiate it.

Only in our relationship with Christ will we KNOW TRUTH absolutely and without a doubt, so that the next time the devil offers up a lie, dolled up in ribbons and bows, we recognize it instantly and say as Jesus did, "No thanks, Satan."¹⁸

This is an excerpt from "Truth Prevails" available in full on Suzanne's website: www.suzannedwilliams.com.

¹Ps 91:15 ²Ps 91:15 ³Ps 91:11 ⁴Ps 91:16 TPT ⁵Ps 119:89 ⁶2Ki 8:56 ⁷2Co 4:13 ⁸Jer 1:12 GW ⁹Lk 1:45 ¹⁰Lk 1:38 ¹¹Acts 27:25 ¹²2Co 5:7 ¹³Jn 16:23 ¹⁴Ge 3:5 ¹⁵Ge 1:26 ¹⁶Jn 10:10 ¹⁷Mt 4:3,9 ¹⁸Mt 16:23