



BECKY COMBEE MINISTRIES, INC.

LIFE IN THE WORD

by Becky Combee

I have taught on the subject of biblical, scriptural meditation for many years, and I know that this important principle of God's Word keeps the Scripture constantly stirred up in our hearts. It is central to our growth in Christ. Yet, in the early hours of the morning, just before dawn, I had a thought on the subject from the Lord that expanded my thinking and benefited me greatly. But before I share it, let's lay a foundation.

MEDITATION IS FOCUS

We know that faith comes by hearing and hearing and hearing. This process of constantly hearing God's Word includes meditation because it is the avenue of hearing that plants God's Word in our spirit. It transports the Word of God from the pages of the Scripture into our heart.

According to Strong's Hebrew Concordance, meditation means to ponder, murmur, and speak the Word of God.¹ We understand this if we think in terms of farming. My husband's father was a farmer. Early in the year, he prepared the field for spring planting. It was laborious, but without the time-consuming process of tilling the soil, the seed could not be successfully planted. Then at the

appropriate time, the seed was sown in the ground, and it produced life – a young plant, a mature crop and, at last, harvest.

My father-in-law continually watched over the field. It was not unusual to see him walking the rows, checking on the plants. For several months, over and over again, he tended the newly planted seed. Similarly, meditation repeatedly reviews a passage of Scripture. It does not digest volumes of Scripture, but reads and speaks a designated verse or section of Scripture over and over again,



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planting that verse in our spirit. This meditation not only brings revelation and understanding, but it also helps us to grow up in God.

This process of God-given focus reminds us of a campfire when we are simply staring at the flames, enjoying the warmth of the moment. For a time, we are consumed by the luxury of peace and power that the fire projects. Through meditation, the Word of God also wraps us in peace and makes us very aware of God's strength and power.

Life must be in focus, and our focus is always found in God through His Word and by His Spirit. If these do not guide our lives, we will fail to discern life's challenges as God sees them. Our thinking will become casual and worldly and our carnal mindset will declare the impossibilities of our dilemma. The end result is discouragement, depression, and despair. What a deadly trio!

MEDITATION GIVES STRENGTH

With God's Word in our heart, we are strengthened and encouraged. We await our harvest, quickened, because the Word of God is alive. It operates efficiently and effectually IN us and FOR us.² The King James translation declares that it is powerful, or full of power. Isn't that what our situation needs? Don't we covet the power and strength of heaven as we walk toward victory?

Through His Word, we have His strength! Long before our victory manifests, we are "fired up", shouting hallelujah, because we have the precious promises of God's Word and we know He always keeps His Word.

Meditation brings us closer to God. Its power to focus our faith, fire us up and strengthen us is incomprehensible and beyond value. Certainly, there is no need for hopelessness and despair when the Word of God dominates our lives. Instead, we confidently expect victory. God is working in us, and He will cause us to triumph.³

MEDITATION PROTECTS FAITH

This brings us to the word that was given to me a few nights ago. Meditation protects our faith! In order words, meditation keeps us from wavering. The apostle James counsels us to ask for wisdom and, "Ask in faith, nothing wavering." Further, he says that the man that wavers will not

receive anything from the Lord.⁴ The intent of this word is very clear. Do not waver! Do not stagger, hesitate or give up!

How is that possible? Through meditation! When we keep God's Word before our eyes, we guard our heart. As we pay close attention to its promises and listen carefully to its sayings, we protect our spirit man.⁵

My father-in-law worked diligently to protect his garden from insects. In our life, there are also insects that compromise our stand in God. The world, the flesh, and the devil give us reason to doubt God's abundant provision, plummeting us toward loss and failure. If we listen to their voices,



we will accept defeat muttering, "I can't. It's not working. It's too late. I quit."

But through the Word of God, we know, "We can do all things because Christ will strengthen us."⁶ We understand that, "God is for us and no one can be successful against us."⁷ We are assured that, "No weapon formed against us will prosper."⁸ What great news!

God watches over His Word to perform it. We speak God's

promises, knowing that the Word of the Lord is a great wall around us. We reject the voices of confusion and defeat, doubt and worry. Through our meditation in God's truths, we no longer accept pain and despair.

God's Word is now preeminent in us! We surrender our lives to His Word, and it works mightily in us. It dominates our hearts and our minds. We walk with sure and certain steps with the Word of God and the Spirit of God leading us.

We will triumph! We will conquer!⁹ We will succeed through the protection, the strength of God's Word!

¹H1897, Strong's Concordance ²Heb 4:12 ³2Co 2:14 ⁴Jas 1:6-7 ⁵Pr 4:20-22 ⁶Php 4:13, author's paraphrase ⁷Rm 8:31, author's paraphrase ⁸Is 54:17, author's paraphrase ⁹2Co 2:14;Rm 8:37